Book Week
No doubt, you will have heard a few snippets of information about our forthcoming Book Week, 24th – 28th August. It is going to be a great week with lots of fun events organised. Put the following dates in your dairy and come along to any of the events that interest you.

- **Literacy Rotation – Monday 24th August**
Students will work in mixed groups, Pre-primary to Year 6, to complete a number of short tasks related to books. Older students will help and support the younger children as they move around school to complete fun activities such as, Book Celebrity Heads, Character Bingo and ‘Ooblek’ creation, just to name a few. Activities will take place between 9:00am and 12:00pm. Parents are welcome to help. Just let your child’s class teacher know.

- **Guess the Book Competition – Daily**
Clues related to children’s books will be placed in the library every day. Students examine them, make a guess at the title of the book and post their answer in the entry box. A junior (PP-Y3) and Senior (Y4-6) winner will be drawn daily. The library will be open at 8:30am, recess and 2:50pm for children to try their luck.

- **Book Based Project and Writing Competition**
All students will be working on a project based on a particular book during this week. Talk to your child’s teacher to find out which one. One of the activities will be to produce a piece of writing for our inaugural writing competition. Pre-primary, Year 1, 2 and 3 students will be challenged to write a persuasive letter, while our older students will write book blurbs. Their work will be judged and a winner and runner up for each year group will be announced at the end of Book Week during our special assembly. There are some fantastic prizes – all donated by our enthusiastic P&C.

- **Tales with a Twist Puppet Show – Wednesday 26th August**
Students from K-Y2 get to watch an updated version of the Gingerbread Man and then learn how to make a puppet. Make sure you send them to school with an egg carton. Please return the consent form with $6:00 if you wish you child to attend. Letters were sent out last week, but additional copies can be accessed from the school office. This event will take place in the Undercover Area at 11:15am.
- **Mad Hatter’s Tea Party – Thursday 27th August**
  By now, you should all have received your special invitation to this whacky lunch in the Undercover Area. All parents are welcome to come and join us for a bite to eat, as long as you don a silly hat. Please send a plate to share – one per family (savoury for girls, sweet for boys) and join the fun. See you there at 12pm.

- **Book Sale – Thursday 27th August**
  Our Year 5 girls are organising a book sale to raise funds for ‘Australian Books for Africa’. Please donate any good quality books that your children have outgrown. We are currently collecting them in the Cooking Room, Tern Block. There will be an opportunity to buy these preloved books at the Mad Hatter’s Tea party.

- **Guest Readers**
  There will be a few surprise readers, from the local community and beyond, visiting to share their favourite stories with our students. Find out from your child’s teacher when their guest reader will be dropping in.

- **Dress as your favourite book character – Friday 28th August**
  Students get to leave their uniform at home and spend the day dressed as a favourite book character. Prizes will be awarded for creative costumes.

- **Book Assembly – Friday 28th August**
  We will be having a special assembly at 11:15am to view everyone’s costumes. Prizes for the writing competition and most creative dress ups will also be presented. We will conclude the assembly and Book Week with a special performance of ‘Has Mullaloo Heights Got Talent?’

**Wombat Stew with Room 8**
Talking of Book Week, Room 6 certainly got us in the mood for it with their recent assembly. We watched as they brought the story, Wombat Stew, to life. Their costumes were bright and authentic, their reading was lively and clear and their dancing, invigorating. It is hard to believe these students have been in school for such a short time. What is obvious is that they love this book and stories in general. Well done Room 6.

**Operation Chicken Coop**
We are in the process of giving our chickens a well-deserved new home. The chicken coop makeover will happen in stages, with stage 1 almost complete. This involved building a retaining wall to create a flat area for the chickens’ new home. The wall has now been constructed and Mr Heron, our affable and hardworking gardener, will be paving the area over the coming weeks. Once this is complete, we will build a new structure and add a new chicken coop. We think our chickens will be delighted! Feel free to wander over to the environmental garden and watch the progress.

**Meeting with teachers**
Note that during Book Week, there will be lots of opportunities to visit school, take part in the fun and chat informally with your child’s teacher. However, if you do require a more formal conversation, let your teacher know so that they can schedule an appropriate time. The same is true if you wish to meet with me to discuss or clarify anything about school policies and procedures. Remember, we do have an open door policy at Mullaloo Heights and are always happy to meet with parents.
Have a good week!

Caroline Booth
Principal
Congratulations to all the merit award recipients at last week’s assembly.

Congratulations to Jaida Yr2, for receiving the ‘Aussie of the Month’ award last week’s assembly.

Konrad and Kya for room 11, accepting a certificate of appreciation presented to their class, in recognition of their contribution to the community and the City of Joondalup, for their participation in the ‘Adopt a Coastline Program 2015’.

Last week’s recipients of the Gold awards in Mathletics.
KINDERGARTEN 2016….. ONLY 4 places left!!!
A reminder to get your child’s application for enrolment in for the Kindy class for 2016.
If you have taken an enrolment package and not yet returned, please do so ASAP, as places are not confirmed until the enrolment application has been returned.

Update of details…..
If you have changed any of the following details, it is imperative that you notify the school, as soon as possible:

Residential address
Contact numbers – home, mobile, work
Emergency contacts
Email address

Medical updates:
If your child has an anaphylactic reaction to anything, an allergic reaction or asthma, please notify our school in writing so that we can update our medical records.

Thank you

Mullaloo Heights PS students for 2016…
Our school is actively planning for the 2016 school year and to determine the staffing arrangements, we need to establish the number of students attending next year. If your children are not attending our school next year, please let us know as soon as possible. Your assistance with this matter is greatly appreciated.

PARENT HELP STILL NEEDED!
Creative with counters… Savvy with scissors …. Nifty with Numbers
Parents we need your creative talents and skills on a Wednesday afternoon from 1.30 —2.45pm to form a small parent group to assist in the creation of educational resources and games.
All equipment /materials are supplied plus afternoon tea and the opportunity for you to share your expertise and talents in an informal and friendly environment supporting your child’s education through the creating resources and games.
If you would like to be involved, please email mullalloheights.ps@education.wa.edu.au
Illegal dumping can be prosecuted

Under the Litter Act 1979, illegal dumping can attract an infringement notice of $200 or up to thousands of dollars if taken to court.

Illegal dumping is a particular type of littering where people go out of their way to dump their rubbish.

We have had unwanted rubbish, used furniture and other items dumped on school property on a number of occasions, more recently over the last couple of weekends.

Removal of this unwanted rubbish comes at a cost to the school! If you witness any type of illegal dumping of rubbish on school grounds, please contact our school security on 9264 4771 or 9264 4632.

Thank you for your assistance in keeping our school clean and free of unwanted rubbish.
Hi Everyone,

It is almost Book Week and this year looks to be such a fun week of activities to involve us all in the idea that books are fun and relaxing, as well as educational. It is so good to celebrate books. I have been thinking about my hat for the Mad Hatter’s Tea Party. I can’t wait to see what everyone will wear.

For some of us, these activities sounds like the best part of the year, but there are those who feel much less enthused by the prospect of dressing up and socialising with others.

On the website “Kids Helpline” I discovered an article about Social Anxiety. Here is an extract from the article…

**Social Anxiety**
Lots of kids and adults feel shy around people they don’t know very well, but they get on with doing the things that they want to do anyway. Social anxiety is a bit like shyness but a lot more intense. It disrupts people's lives and interferes with being able to do things that are important to them, like going to school or going to parties.

**What is social anxiety?**

Social anxiety is an unreasonable fear of being with people you don't know well, being unable to do things with other people watching, or feeling extremely worried about being judged for the way that you act.

Many kids with social anxiety come from a family where one or even both of their parents have social anxiety too. This could mean that they haven't learned (from their parents) the skills that are needed to mix with other people. For other kids, their social anxiety has developed because they have a speech or language problem or an obvious physical problem which makes them different to everyone else, and this leads them to feel embarrassed or overly self-conscious in front of people who don't know them. For some kids their social anxiety develops after something happens (like tripping over on stage during the school play or vomiting in class) which then leaves them feeling worried about what people will think of them.

Whatever the reason that starts the social anxiety in the first place, having social anxiety is not much fun, and in fact life can get pretty tough for kids in this situation.

**The impact of social anxiety**

Kids with social anxiety often have few friends and struggle with activities at school that involve interaction with others or performance.

This means that these kids will often:

- sit alone at lunch and recess
- don’t join in the games other kids are playing
- don’t participate in after school activities
- don’t like school or refuse to go to school
- find it hard to look at people when they talk to them and often mumble instead of speaking up
- stay away from social situations with unfamiliar people

Sounds pretty tough, doesn't it?

If you feel you would like to read more about this article and find some other interesting articles, the website address is [http://www.kidshelp.com.au/kids/information/hot-topics/social-anxiety.php](http://www.kidshelp.com.au/kids/information/hot-topics/social-anxiety.php)

Bev Fruin
School Chaplain
THANK YOU!

Thanks to everyone who helped out on the cake stall, sausage sizzle, tombola, face painting & P&C stall at the garage sale on Sunday - it was a great day and we managed to raise $1353.25 for the P&C! Thanks to Aussie Farmers Direct for donating the sausages and to all the families that donated prizes for the tombola! Thanks also to all the stall holders for making the event happen - hope you made more than you spent!

Advancedlife Studios Photography Fundraiser

On Saturday 5 September Advancedlife Studios will be coming to our school. You will be able to have a professional family photograph taken! In return for a $20 donation to MHPS P&C you will receive a 10x13 inch family portrait, a keyring and a chance to win $1500!

Yes, you read it correctly - by making a $20 donation (which our kids will benefit from) you will receive all of the above! What’s the catch? There is none! There are just four simple rules:

1. There must be a minimum of 2 generations in each portrait,
2. No person may appear in more than one fundraising portrait
3. Three different poses will be taken of each family
4. An adult appearing in the fundraising portrait must attend the viewing day (about 2 ½ weeks later) – no obligation to buy!


Once you have booked your time please bring $20 in an envelope with your name on it to the school office!

Book Now as popular sitting times fill up fast!
Volunteer Expo

Find out how to volunteer in your community

Saturday 22 August 2015, 11.00am – 3.00pm
City of Joondalup Leisure Centre – Craigie,
Whitfords Avenue, Craigie

Free Event

Interested in volunteering in your community? Come along to the second Joondalup Volunteer Expo and meet more than 30 community groups, discussing a range of fantastic volunteering opportunities.

There will be activities and refreshments available.

Book online at joondalup.wa.gov.au or phone 9400 4734.

A Volunteer Task Force and
Joondalup Volunteer Resource
Centre partnership supported by
the City of Joondalup.
Grandcarers Support Scheme

for all enquiries call:
Wanslea Grandcarers Support Scheme
1800 794 909
10.00am - 4.00pm    Monday to Friday

What is the Grandcarers Support Scheme:
♦ An annual payment to grandcarers who have the full-time care of their grandchild / grandchildren

Criteria:
♦ Providing full-time care for grandchildren under 16 years
♦ Minimum of four months care in the past year
♦ Not receiving financial support from the Department for Child Protection and Family Support
♦ Willing to sign a Statutory Declaration confirming that the information provided is true and correct

How much is the payment:
♦ Eligible grandcarers will receive $400 for the first grandchild and $250 for each additional grandchild under 16 years

How to apply:
♦ Telephone Wanslea 1800 794 909 to apply or
♦ Online at: www.wanslea.asn.au/gss to download the application form then
♦ Send your completed application form to:
Wanslea Grandcarers Support Scheme
PO Box 1142 Cloverdale WA 6985
Coming soon to Ocean Reef Senior High School

POSITIVE PARENTING PROGRAM
FREE PARENTING SEMINAR - for EVERY PARENT - Term 3 2015

Teen Triple P - Positive Parenting Program
An evidence-based system designed to provide parents with the confidence and skills to:
- enrich parent-teenager relationships
- guide the behaviour of their teenagers
- assist with managing common challenges.

Triple P is currently used in 25 countries and has been demonstrated to be effective across cultures, socio-economic groups and in varying family structures.

Triple P provides parents simple and practical strategies to build strong, healthy relationships with their children/teenagers and help them confidently guide their children’s/teenager’s behaviour and emotions to prevent problems developing.

It aims to create family environments that encourage children to realise their potential.

Parents of current Year 6 students are welcome to attend.

Program Details-

Venue: The Seminar will be held at Ocean Reef Senior High School
Date: Wednesday 26 August.
Time: From 6.30pm to 8.30pm

Bookings are essential.

To register to attend please contact-
Ocean Reef Senior High School front office Phone: 93070222
Hurry...registrations are limited.