



27 Charonia Road
 Mullaloo WA 6027
 Subscribe: <https://mullalooops.schoolzineplus.com/subscribe>

Email: mullalooheights.ps@education.wa.edu.au
 Phone: (08) 6206 2100
 Fax:



10 May 2019

Principal's Message



Caroline Booth

Welcome back! I trust you had a relaxing break with plenty of time to recharge ready for Term 2. There's certainly a lot to look forward to this term for sports enthusiasts, with the Faction Cross Country and Lightning Carnival taking place. Lovers of the arts will enjoy Edu-Dance and the opportunity to see the Ocean Reef Band perform later this term, while our Year 6 students will get to experience life on camp. The term will finish with an opportunity for the whole school to learn more about Aboriginal culture and history during our NAIDOC Week. It's certainly going to be a varied and interesting term!

On a more serious note, NAPLAN testing in literacy and numeracy begins next Tuesday for our Year 3 and 5 students. This can often be a stressful time, with some students feeling intense pressure to do well. Of course, this year will be the first time the students tackle NAPLAN online, potentially adding to the stress felt by some. As teachers and parents, we need to remind them that our expectation is that they do the very best they can and nothing more. We should also consider that NAPLAN gives us information regarding student achievement at a particular point in time. While this is useful in allowing teachers to plan appropriate programs, it will always be taken in the context of other assessment information gained throughout the year as a result of classroom based work. At Mullaloo Heights, the acquisition of literacy and numeracy skills is a priority and a strong focus of our teaching. Our homework program, incorporating, Mathletics and Literacy Pro/Home Reading, supports this. However, we also believe that a broad and balanced education is essential and encourage parents to supplement homework with other activities when children are out of school, such as sports and aspects of the arts. The pursuit of a wide range of interests will help students to put NAPLAN in perspective.

Caroline Booth
Principal

Dates to remember

Tuesday, 14th – Monday, 21st May	NAPLAN – Years 3 & 5
Wednesday, 15th May	P&C meeting, 6.30pm in the staffroom
Saturday, 18th May	Mullaloo Heights PS Early Childhood Unit Open Day
Wednesday, 22nd – Friday, 24th May	P&C Scholastic Book Fair, in the Library – Beach Theme
Wednesday 29th – Friday, 31st May	Year 6 Camp
Monday, 3rd June	PUBLIC HOLIDAY – WA DAY
Thursday, 6th June	Assembly – Room 6
Friday, 7th June	Faction Cross Country – PP to Year 6
Thursday, 20th June	Talent Assembly
Thursday, 27th June	Interschool Lightning Carnival – held at Kingsway
Friday, 28th June	PUPIL FREE DAY
Monday, 1st July	NAIDOC Week Incursions – PP-Yr2, Yr3-6
Friday, 5th July	Last Day of Term 2
Monday, 22nd July	Students Commence first day of Term 3
Thursday, 1st August	Triple P Seminar Series (Kindy to Yr5), 9am – 2.30pm in the Science/Art Room
Friday, 2 August	Interschool Cross Country – held at McDonald Reserve, Padbury
Monday, 5th August	Musica Viva Incursion – PP to Year 6
Thursday, 8th August	Assembly – Room 11

Open Day

We will be hosting an Open Day for Kindy & Pre-Primary on Saturday 18th May, 10:00am - 11:30am. This will be a great chance to gain a flavour of the great teaching and play-based learning that is a feature of our Early Childhood Unit. Please pass the word around to any families with children eligible for Kindy or Pre-Primary next year. We would love the opportunity to showcase the wonderful programmes our Early Childhood team provide. See the flyer below for more information.

We would like to thank Josclyn Landrie, once again, for her wonderful work in designing and making advertising banners and A-Frames to promote this event. I am sure that those who have seen them dotted around Mullaloo will agree that she has done an excellent job.

Reading Club

100 Club	Cash, Liam, Cohen, Tasie, Kurt, Riley.B., Grace.W., Aidan, Jackson.F.,
200 Club	Melody

New Books

This term, the Years 1-6 classes were fortunate enough to be allocated some money to buy new books for their classroom libraries. Students were asked to brainstorm the books and authors that they would like to read for enjoyment. From there, each class formulated a 'wish list' of books to order and then eagerly awaited their arrival. Judging by the huge smiles and gasps of excitement from students as the first books were delivered, it is clear that we have some very keen readers at Mullaloo Heights



Enjoying books from our new classroom libraries

ANZAC Service - 2019

We held our ANZAC Ceremony on Friday the 12th of April, to recognise the significance of this important occasion in our history and to recognise the contribution of all the men and women who have fought and died in wars.

The ceremony began with some of our Year 5/6 students Cheyla, Riley, Rani and Ava reading some very thoughtful poems that they had written. Our School Leaders, Cash and Riley showed great respect when leading this ceremony and described the history behind ANZAC Day and the Gallipoli campaign clearly and carefully.

Our guest speaker, Mr Hill, a returned Airforce Warrant Officer and Vice President of the Joondalup City RSL Branch spoke beautifully to the students about the significances of the occasion and the ANZAC spirit. This was followed by the laying of the wreath and the flag protocols by our Student Councillors, a minute silence, the Rouse being played and The Ode was read by Ms Booth. The school choir then sang 'Can You Hear The Children Marching' beautifully.

The ceremony concluded with students placing flowers at the base of the flag pole. During this time, special guest and grandfather to one of our students, Mr Sinclair, played his bagpipes in a very moving performance as students left the area.

The ceremony included a display which was generated by the entire Mullaloo Heights Primary School community. As part of this, two wreaths were made. Each 'leaf' of the wreath was an outline of a hand designed and coloured by students and staff members and arranged to make a stunning and colourful display.

We are very grateful to Ms Hill and Mr Sinclair for taking the time to attend our service. We would like to thank all the students and those who attended for their respect during the service.



Memorial Plaque Cleaning – Kings Park

On 23rd April, a few MHPS families joined a group of volunteers under the guidance of the Highgate RSL Sub-Branch and the Honour Avenues Group, to spend the morning cleaning memorial plaques in Kings Park. The following day another

group of local high school students followed, adding Australian flags to each of the plaques before Anzac Day.

There are roughly 1800 plaques dedicated to the memory of those from WA who died in conflicts from World War I onwards and who are buried overseas or who have no known grave.

Hearing my children moan as we walked through the very cold and wet grass of Kings Park in the early hours of the morning to get to our meeting point became the perfect opportunity to start a conversation and teach them relatably about the terrible conditions of war, what day to day life must have been like for the soldiers, and what their sacrifice means to us today.

As we cleaned each plaque, we took a moment to reflect on their age, where and how they died and even who it was who dedicated the plaque in their honour.

I myself, felt privileged to be able to do something tangible to honour the memory of not only those who fell during wars but all those who served and continue to serve today. With each generation the connection to the Anzacs and servicemen and women from that earlier era becomes another step further away, and I believe that as Australians (born or adopted) it is important to remember and pay homage to that era of history which has become a huge part of the people and nation that we are today. Not much can beat down the Aussie spirit today and I give most credit to those young Australians who showed the world who Australia was more than 100 years ago.

I would like to encourage you all to consider taking part in this wonderful opportunity when the time comes again next year.

Neridah Deering



can then be given to your children to collect on a special sticker sheet. Once it is completed, they can simply bring it back here to school or you can drop them into your local Woolworths collection box.

The more points we earn, the more we can redeem from a choice of over 10,000 educational resources including mathematics and English resources, art & crafts materials and much, much more!

We are grateful for your support!

Triple P Seminar Series - Kindy to Year 5

Dealing with Disappointment - By Professor Matt Sanders

Despite what certain sport shoe commercials might have you believe, life isn't always about winning.

It is equally important for the development of healthy self-esteem that children learn how to deal with disappointment.

As a reaction to not getting what they want, such as being chosen for a team, children may sometimes put themselves down, saying things like: "I'm dumb", "you hate me" or "I'm just stupid". If this happens, try to avoid being too sympathetic. Instead encourage your child to try again after the set-back and to enjoy the activity or game even if they aren't the winner.

Rather than simply reassuring your child that everything will be okay, you can help your child develop their own sense of worth by letting them know that you understand their feelings of disappointment and that you are there to help them work out a reasonable way of dealing with that disappointment.

Remember too, when you're helping your child with an activity or with homework concentrate on effort not results. Praising your child for trying and making an improvement will motivate them to continue trying at a difficult task.

Homework Habits - By Professor Matt Sanders

Homework is an accepted part of every child's schooling. However, it doesn't have to become a family battle. The key is for parents and children to be prepared.

Your child should have a set, regular time for homework that fits in around your schedule and your child's other commitments such as sport or music lessons.

Homework should come at a time after your child has had a chance to relax after arriving home and before they are allowed to play or watch television.

Relaxing immediately after school is as important for children as it is for adults who want to wind down after coming home from work. Give your child an afternoon snack and use that time to find out what their homework tasks are, whether they need any special materials for projects, and when it needs to be ready.

While children don't have to have absolute quiet when working, they should have a homework area that has clear table space, is well lit, and is free from obvious distractions (like the television).

If your child wants your opinion on how good their homework is don't feel that you have to make sure the work is perfect before they hand it in. They may feel discouraged if you point out all

Parent Information

Woolworths Earn & Learn



We are excited to be taking part in the 2019 Woolworths Earn & Learn program.

During the previous campaign, we were able to purchase some great resources with the points we earned, thanks to you!

From now until June 25th 2019, you can collect stickers at Woolworths that go towards Earn & Learn points. For every \$10 you spend at Woolworths (excluding the purchase of tobacco, liquor and gift cards), you will receive a sticker. These stickers

the spelling and punctuation mistakes. Instead, say something positive about the work and, if you must make corrections, just choose one or two mistakes.

Please express your interest in attending a whole day Seminar Series in Term 3 Week 2- Thursday 1st August 2019 9am-2:30pm, in the Science/Art room – Morning tea and lunch provided. Contact Mullaloo Heights PS on (08)6206 2100

Professor Matt Sanders is founder of the Triple P – Positive Parenting Program®. For more information, go to

<http://www.triplep-parenting.net/>

Parent Reminders

Use of Staff Car Park

In the interest of safety, parents and students are NOT permitted to access the school through the staff car park on Charonia Road before or after school. Our staff car park is out of bounds to all pedestrian and motor traffic other than staff themselves. **The staff car park is not to be used for dropping off or picking up your children.**

There are two pedestrian paths/access points either side of the staff car park on Charonia Road to facilitate SAFE entry to our school. The staff car park in Charonia Road is our Emergency Access point also. This must be free to allow ambulance, fire trucks and other emergency vehicles entry at all times. Please do not block access to the bitumen area.

Enrolments for 2020

We are now accepting Enrolments for the 2020 school year.

Who needs to enrol?

You need to apply to enrol your children in public school for 2020 if they are:

- starting Kindergarten – 4 years old by 30 June 2020
- starting Pre-primary, the first year of compulsory school – 5 years old by 30 June 2020
- changing schools.

Applications for enrolment in a public school for 2020 close on Friday, 26 July 2019.

Enrolment documents for Mullaloo Heights PS are available to download from the school website in the link below or alternatively they can be collected from the school office.

<http://mullalooheightsps.wa.edu.au/enrolments/>

Rangers Parking and Community Safety – Safety around Schools – 40km ZONE

Vehicles which park contrary to parking signage around schools are a major hazard and impact on the safety of children, pedestrians and other road users in these areas. It is imperative that drivers are aware of, and park in accordance with, the parking conditions which apply near schools.

As part of the City's continuing effort to provide a safer environment for everyone City of Joondalup Officers conduct

patrols of school parking in the mornings and afternoons throughout the school term.

As part of this initiative Officers use patrol vehicles, which have been fitted with Licence Plate Recognition (LPR) cameras, to capture digital images of vehicles which are parked contrary to parking requirements near schools. Any infringement notices, issued as part of these patrols, will be sent via mail to the registered owner of the vehicle.

Please see the link below for a copy of the City's School Parking brochure which provides additional information in relation to parking near schools. This is a reminder for parents and caregivers of their responsibility in ensuring that they park correctly near schools.

French News



From The French Room:

It is with much sadness that I write mes nouvelles de la salle de classe français. (my news from the French Room)

Yet again "pendant les vacances" (during the holidays) France has suffered at the hands of ill fate. It was incredulous news to hear that part of the iconic Notre Dame had burnt in a raging inferno.

During the French Revolution, the Cathedral of Notre Dame suffered lots of damage, but it was restored by a talented engineer and kept its fame. Having symmetrical and powerful beauty, this must-see of Paris has witnessed a lot of important ceremonies for Christianity and the history of nations. Because of that, people from all over the world, no matter what their beliefs have come to visit this icon and are stunned by its grace.

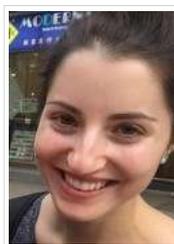
Noah and Joshua each produced a wonderful piece of Art last term of the Notre Dame. This will be especially important to have in our room at the present time and they will be displayed in the office foyer later in Term 2.

"Vive La France!" as Paris restores this world heritage.

Mme Wilderspin



Chaplain's Corner



Jess Smith

Dear parents,

Welcome back to school! I hope you enjoyed your Easter and are having a great start to term 2.

This term I am building on the BUZ conflict and bullying lessons that I ran in all classes last term. I have started running BUZ friends with the year 3/4's in room 9 and 10 and room 8 will begin next term. Last week we

learnt about how to communicate and get along with one another and also discussed our strengths and the importance of knowing, remembering and using our strengths in life. All the students had an opportunity to choose a "strengths" card and talk about what their strength is. This week we talked about friendship- how to be a good friend and make and keep friends.

Girls club finished this week for the year 6 girls. They have enjoyed playing dodgeball, making aesthetic posters with pictures of their choice, decorating jars and writing "warm fuzzies", which are encouragements to each other. I also

started the year 5 boys club this week and they loved playing dodgeball at lunch.

Please see the article below: "what is good mental health" by Beyond Blue.

<https://www.headsup.org.au/your-mental-health/what-is-good-mental-health>

"Mental health is often used as a substitute for mental health conditions - such as depression, anxiety conditions, schizophrenia, and others. But according to the World Health Organization, mental health is "a state of well-being in which every individual realises his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community".

Community News



'Find out why I'm good at maths and love reading!'

Your child can strengthen essential maths and English skills with Kumon.

Contact your local Kumon Centre to hear how we can support your child's learning.

KUMON Ocean Reef – Quinns Rocks
Patsy Koh

Tel: 93078751 Mobile: 0419921182
Email : kumonoceanreef@gmail.com.au

<http://au.kumonglobal.com>